

All of our lunches are prepared and served by:

**Early Years
Catering**



Autumn Winter Lunch & Tea Week 3

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Monday

Roast Free Range Ham in Gravy
Roast Quorn Fillet
Roast Potatoes
Carrots & Swede

Toasted Bagel
with a selection of fillings
Salad

Fresh Fruit

Organic Yeo Valley Yoghurt

Tuesday

Beef & Vegetable Goulash
Soya Mince & Vegetable Goulash
Organic Pasta

Tuna & Sweetcorn Pasta

Fresh Fruit

Organic Yeo Valley Yoghurt

Wednesday

Lentil Dahl
Rice

Jacket Potato with Beans
Grated Cheese

Organic Yeo Valley Yoghurt

Fresh Fruit

Thursday

Caribbean Chicken Stew
Mixed Beans
Cous Cous

Chicken Goujons
with Peas and Sweetcorn

Organic Yeo Valley Yoghurt

Fresh Fruit

Friday

Tuna & Sweetcorn Pasta Bake
Tofu
Peas

Organic Yeo Valley Yoghurt

About Our Menu

Our menus run on a four-week cycle offering a different range of meals each week, so that your child has the varied diet required to help them develop their tastes and make healthy choices in the future.

All our meat is locally sourced and Farm Assured. All our eggs are free range. We use seasonal vegetables where possible.