

All of our lunches are prepared and served by:

**Early Years
Catering**



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Autumn/Winter Lunch & Tea Week 1

Monday

Creamy Fish Curry
Rice
Chickpea & Vegetable Curry
Organic Fruit Yoghurts

Tomato Soup
Fresh Bread
Fresh Fruit

Tuesday

Roast Turkey in Gravy
Quorn Fillet
Mashed Potato
Peas & Sweetcorn
Organic Fruit Yoghurts

Selection of Sandwiches
Crudités
Fresh Fruit

Wednesday

Butter Bean & Root Vegetable Stew
Cous Cous
Organic Fruit Yoghurts

Tomato Pasta
Grated Cheese
Fresh Fruit

Thursday

Lamb & Squash Pastry Pie
Soya & Squash Pastry Pie
Broccoli & Cauliflower
Organic Fruit Yoghurts

Fish Fingers and Baked Beans
Fresh Fruit

Friday

Chicken Casserole & Herb Dumplings
Chickpea Casserole
Rice
Organic Fruit Yoghurts

About Our Menu

Our menus run on a four-week cycle offering a different range of meals each week, so that your child has the varied diet required to help them develop their tastes and make healthy choices in the future.

All our meat is locally sourced and Farm Assured. All our eggs are free range. We use seasonal vegetables where possible.